Social Interaction

According To the prompT They are differenT of Social Interaction benefits. FirsT of all, people think ThaT healthy food is good for health. The found many benefic of you can be hearT. for example, when you talk everyday we a person ThaT help you we heart problems or other Type of problems. Also people who has along of friend feel beTTer of Themself because you have friend that you talk to Them and see feel free because you Talking to at persone. finally to conclude The promp say ThaT social Interaction can help you we you mind. Is help you because you can consenTruel bettes working we a friend and you can disTracT you self and you can work fasT.

I can connecT this to my friend Arianny. Arianny is a persone ThaT she always feel depresT, she being crying all nigh, she forT a loT because she live we his father and brother

Her mother live in Dominican Republic. She be by herself all day. BuT she alway Trying To be happy. When she is an school she feel greaT because she always we her friends. She do noT feel alone, and she feel free to talk a lot. Me and my friend alway Trying To be we arianny, we alway going to The movie, To the Party, To Arianny house, To my house, To Omeily house and she feel happy. I can say ThaT me and arianny StarTed be friend 5 years ago, and I always trying to be we her and To make her happy. For example she told ThaT she wanTed to me and her go to The same college and look I am here we her. I can say ThaT we are a social Interaction people’s because we always Together are always happy. Arianny now my family I know her family and we always trying To be happy. In my point of view ThaT whaT friend need To do be always There to help your friends.

I can make a connection to my friend arianny because in The prompt say “People who interact we other people was better health compared to people who spend most of The Time alone.”

I can connect This To my brother experience. My boTher was 10 years old and he do noT now how To read and write. My mom disasT To Change him from The School to anothe school. He can never concenTuiel in Class, he do noT wanT To do homework, he do not participated in class. BuT he find a new friend ThaT alway moTivated him To do the correct This, They alway do The work together and The homework To My broTher learn how to write and read in H monTh.

In concusion social Interaction is a good Think To be healThy and feel good we you self.